

WARMING UP

	FLUTE	CLARINET/ SAXOPHONE	BRASS	BELLS
STEP 1	*Breathing *Long tones on the headjoint	*Wet your reed, then assemble the upper section *Breathing *Test the mouthpiece/reed- use a high, clear tone	*Breathing *Long, steady tones on the mouthpiece *Roller coaster buzz	*Assemble the bell set
STEP 2	*Assemble your instrument *Long tones	*Assemble your instrument *Long tones	*Assemble your instrument *Long tones	*One note/ Hands separately
STEP 3	Articulation	Articulation	Articulation	*One note/ Alternate Hands
STEP 4	Finger switches	Finger switches	Lip slurs	Add counting and resting
STEP 5	Scale work, Familiar tunes	Scale work, Familiar tunes	Scale work, Familiar tunes	Scale work, Familiar tunes

Warming up carefully every time you play will help you to sound your best.

Starting each practice session the same way reinforces good habits and helps put you in a good frame of mind to improve.

Breathing:

Take a couple of deep breaths and concentrate on moving your air efficiently.

Long tones:

Produce long, clear, steady, pleasant sounds. Start with a very comfortable note, then try others (higher and lower).

Articulation:

Try tonguing on a single note without stopping your air. Experiment with harder/softer tongue strokes and longer/shorter notes. Do some slurring: Start with 2-note slurs, then try longer sets.

Finger switches:

Concentrate on moving from one note to another quickly and cleanly. Start with 2-note patterns, then try longer sets.

Lip slurs (brass only):

Move from one note to another without tonguing or changing fingerings/slide positions. Make the transitions smooth but quick. Play a pattern, then move up or down through all seven positions/valve combinations. The valve combinations are listed here: 0, 2, 1, 1-2, 2-3, 1-3, 1-2-3.

Scale work:

Move from one adjacent note to another. Be sure to coordinate your tongue and your fingers. Move up and down scales.

Next play a few simple, familiar tunes.